

# Living From Your Brilliance

We have all heard the question “Which came first, The Chicken or the Egg?”

## *How about the question*

“Which came first, the current circumstances of your life or the thoughts and feelings about the circumstances of your life? “

This might seem easy to answer, right? Most would say “The circumstance of my life came first” My Job, my relationships, the balance in my checking account, all happened and caused me to began to have thoughts, feelings, and judgments in response to them.”

It may seem we may not be able to change many of the life events that are happening in our lives. But when we open to create a relationship to all of life, we have access to support from life itself. We then can develop our true nature and *Live from our Brilliance* and help those around us do the same.

We are Now leaving behind the old paradigm and stepping into a new era of creativity and oneness both individually and as a global community.

Join us, If you are feeling the call for change in your own life.



Karla is a Transformational Life Coach, Mentor and Healer with over 25 years experience in the field of human potential and spiritual growth. Karla has studied both Eastern and Western philosophy, which has helped to shape and develop her unique understanding, and ability to assist individuals to integrate a spiritual living-ness into everyday life. She works with both individuals and groups to assist in spiritual development and oneness consciousness.

**To Register for this group  
or for a Life Coaching Appointment call:  
602-509-0185**

[Register Now](#)

## This ongoing group Meets two Mondays a month and will.

- Assist you to discover your own intuition
- Increase you self awareness
- Teach Ways to center yourself, decreasing stress and anxiety and be in the flow of life
- How your thoughts and feelings impact your health
- Teach ways to be more present.
- Learn Quantum Physics/ Human Energy System
- Create community and support

**Beginning January 3rd 2010**

7-9pm Cost: \$20.00

**The Sweet Suite**

1250 E Mesquite St

Gilbert, AZ 85296

Call to Register: 480-892-2640